

1st
Annual

Bar Association of Frederick County 5K Run

(or 2 Mile Family Fun Walk)

To Benefit

The Religious Coalition for Emergency Human Needs
www.thereligiouscoalition.org



Race Day Volunteers
Needed!

Saturday
August 29, 2009
8:30 am
Baker Park
(rain or shine)

FOR REGISTRATION OR SPONSORSHIP
INFORMATION

Visit:

www.frederickbar.org/charity5krun

Or Call:

301-663-1139